

ITEMS TO BRING

- Informal clothes**
Laundry amenities & detergents are provided for.
- Toiletries and towels**
No products containing alcohol. (deodorants, perfumes, mouthwash)
- Swimming costume**
- Walking and comfortable shoes**
- Water bottle**
- Medical aid card**
- ID**
- Insect Repellent Sticks**
for summer months, no aerosols
- Tuck shop money**
This money will be used for purchasing personal items like cigarettes, toiletries, etc.
- Snacks**
Shopping takes place on Fridays, so please provide enough personal goodies in the meantime.
- Photos of loved ones**

ITEMS NOT ALLOWED

- Magazines or newspapers
- Cell phones or tablets
- Valuables
Sentimental items or high values items
- Vitamins
Only prescribed vitamins allowed
- Pocket Knives

IMPORTANT NOTICE

Grooming items like hair clippers, nail polish, nail scissors, etc. will be kept in office.

prc.

P A C E R E C O V E R Y C E N T R E
ESTD 2017

CHRONIC MEDICATION

- Ensure at least 1 week's medication for chronic conditions.
- Bring the original or copy of the script for prescribed medication.

IMPORTANT NOTICE

No medication may be administered without clear indication of what it is and its dosage.

All medication should be correctly marked by the dispensing pharmacist. No medication will be administered from containers that are not appropriately marked.